

- 1. How many days are there in Lent?
- 2. What was the original meaning of the word
- 3. What is the first day of Lent called?
- 4. What do we call the day before Lent begins?
- 5. What color vestments does the priest wear during Lent?
- 6. What prayer of the Mass is omitted during Lent?
- 7. What word is never said or sung during
- 8. What do Catholics abstain from eating on Fridays during Lent?
- 9. On what days are Catholics required to fast during Lent?
- 10. What snack originated during Lent because it contains only flour, water and salt?
- 11. What food was traditionally eaten the day before Lent begins?
- 12. What Irish saint's feast day takes place during Lent?
- 13. On what Sunday during Lent does the priest bless palms?
- 14. What event in the life of Jesus do the palms recall for us?
- 15. On what day during Lent does the Bishop bless holy oils for the year?
- 16. How many Stations of the Cross are there?
- 17. How many times does Jesus fall in the Stations?
- 18. Who helped Jesus carry his Cross?
- 19. When does Lent officially end?
- 20. What is the Triduum?
- BONUS: What day is the SPY day?

Be Intentional Journey with us this Lenten Season

~ A disciple of God needs to be disciplined ~

		My Lenten F	romises		0
During this season o	f Lent	1.9			\sim 0
l will pray for					d
l will give up					e e
l will show kindness	by				&
I will prepare for Eas	ter by				n
My Forty Intention	ons sacrifices	, ideas, people, ser	vices, fasting, feasti	ngs, etc.	t e s
*	*	*	*	*	*
*	*	*	*	*	*
*	*	*	*	*	*
*	*	*	*	*	*
*	*	*	*	*	*
*	*	*	*	*	*
*	*	*	*	*	*